



NOAC JULY 2018 EVENT SCHEDULE

CONTACT

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SOCIAL MEDIA

TWITTER: @THENOAC
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MOVIE TRIVIA NIGHT

WHEN: THURSDAY, JULY 12
TIME: 5:30 PM
WHERE: VAUGHAN'S PUB

TEAMS OF 3 OR MORE
60 MOVIE QUESTIONS
WINNING TEAM GETS TO PICK 3 DVD'S EACH FROM
OUR DVD COLLECTION.

COMPLIMENTARY INJURY SCREENINGS

WHEN: TUESDAY, JULY 17
TIME: 4-8 PM
WHERE: LOWER BAR
WHO: GEORGE STRANGOS, PT, DPT

POSTURE AND NERVE ASSESSMENTS

WHEN: TUESDAY, JULY 24
TIME: 5-7 PM
WHERE: LOWER BAR
WHO: DANIEL GOODMAN, DC

SUMMER BASKETBALL TOURNAMENT

WHEN: THURSDAY, JULY 26
TIME: 6:00 PM
SIGN UP BY TUESDAY, JULY 24. SIGNUP SHEET ON
TABLE OUTSIDE ATHLETIC DIRECTOR'S DOOR.

TURKEY DAY TRAINING STARTS - RUN GROUP

STARTS TUESDAY, JULY 31
EVERY TUESDAY AT 4:30 PM
BEGINNERS WELCOME AND WILL START WITH
RUN/WALK SCHEDULE