



NOAC JUNE EVENT SCHEDULE

CONTACT

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SOCIAL MEDIA

TWITTER: @THENOAC
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BENCH PRESS COMPETITION

DATE AND TIME: SATURDAY, JUNE 9, 10 AM
LOCATION: FREE WEIGHT ROOM BEHIND THE
BOXING RING

SIGN UP SHEET OUTSIDE ATHLETIC DIRECTOR'S
DOOR
SIGN UP BEFORE JUNE 7

DR. GOODMAN (CHIROPRACTOR) INFO SESSION HEALTHY LIFESTYLE HABITS FROM MORNING TIL NIGHT

TUESDAY, JUNE 12
6 PM
LOWER BAR

WINE TASTING

THURSDAY, JUNE 14
6 - 8 PM
VAUGHAN'S PUB

ALL MEMBERS WELCOME
1 GUEST PER MEMBER

KARAOKE

WEDNESDAY, JUNE 27
6 - 7:30 PM
VAUGHAN'S PUB

WILL LIST SONGS TO ON FACEBOOK BEFORE EVENT